

ADVENTURE MARKETING EDITION

CORIE DUGAS

OUTREACH & PUBLIC SERVICES LIBRARIAN SAINT LOUIS UNIVERSITY LAW LIBRARY

EXECUTIVE DIRECTOR

MID-AMERICA LAW LIBRARY CONSORTIUM





THE POWER OF THREE

THREE MARKETING AVENUES
THREE APPROACHES
THREE IDEAS TO TAKE HOME

5 EXERCISES YOU CAN DO ANYWHERE

1 Comment

"Dear Ask Alison.

I travel a lot for work and don't have a lot of time to exercise. What are some basic moves that will keep me in shape without needing extra equipment?" -~ John M. - St. Peters, MO

To learn more, I visited the St. Charles YMCA and spoke to their personal trainer, Jim, who showed me some moves that you can do at home, on the road, or even at the office!



Jim recommends doing this sequence at least three times per

- · Squats 4 sets of 15
- . High Knees 4 sets of 20 (10 on each leg)
- Dips 4 sets of 10
- · Wall Pushups: 4 sets of 15
- · Plank 4 sets 30 seconds

"Dear Ask Alison.

What are these green drinks I see people carrying around and are they reali that healthy?"

~ Chris H. - O'Fallon, MO



You'll rarely see me without my morning green smoothie but not all of these green drinks are created equal. Some store bought varieties are expensive, and they can cont unwanted preservatives and sugar. The good news is, these drinks are easy to make at home, where you can control the ingredients and save a lot of money. Here's recipe that takes less than ten minutes. This batch can stored in the coldest part of your refrigerator for up to two

0 Comn

Other Options:

Change up the greens or fruits to fit your taste and what's in season. Here are some of my faves:

- · Instead of pineapple, add a pear and a squeeze of
- · Fresh or frozen berries add a delicious tartness
- · Fresh white peaches are my absolute favorite thing about summer. Add them as a substitute for the pineapple when they're in season

ALISON'S LITTLE GREEN DRINK

RECIPE

2 cups cold water 6 cups chopped raw kale

Add greens and cold water in high powered blender, blend for 20 seconds

WOMEN AND HEART HEALTH

2/22/2016

0 Comments

"Dear Ask Alison.

I am a 45 year old man in good health. I have a history of heart disease in my family, but I try to stay active and get regular check-ups and screenings. I'm having trouble convincing my wife that she should do the same! Any ideas? ~ Steve R. - Dardenne Prairie

Thanks for your question Steve. To learn more, I visited Dr. Michael Missler, Interventional Cardiologist at BJC Medical Group to talk about Women's Heart Health.



Click here to view the Heart Health Brochure provided by BJC St. Charles County. You can also learn more at the BJC St. Charles County Heart Team website or call 636-928- WELL (9355) for more information



Thank you Dr. Missler for your recommendations:

- . Exercise: Check the Library's calendar for lots of free fitness classes this summer!
- · Quit smoking: Barnes-Jewish St. Peters and Progress West Hospitals offer FREE smoking cessation classes. Call 636-928-WELL to

BLOGS





DISPLAYS





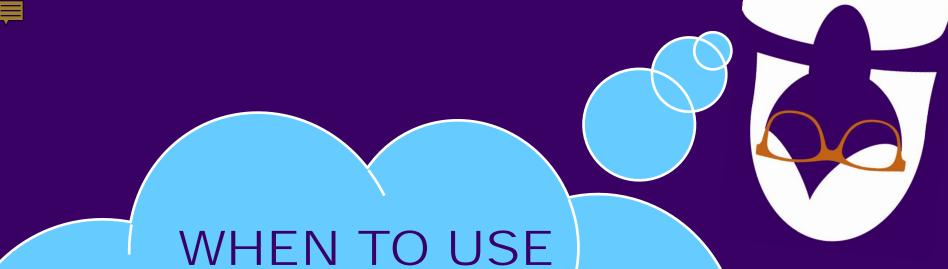




- an area of congregation.
- 3. You (or a co-worker) are CREATIVE.

FACEBOOK





WHEN TO USE FACEBOOK:

- 1. Your users are ON Facebook.
 - 2. You are FUNNY or CLEVER.
- 3. You are committed to creating REGULAR content.









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Log in to like or comment.

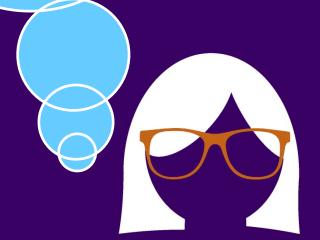
INSTAGRAM





WHEN TO USE INSTAGRAM:

- 1. Your users are ON Instagram.
- 2. You have a BEAUTIFUL library.
- 3. You own a smartphone with a good CAMERA.



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UNLIKELY PARNTERS



Vendor Negotiation



Shared Space







SLU Law is focused on law students and

Pouis

Marketing

Corie Dugas

A RESEARCH EXPO HOSTED BY THE **SAINT LOUIS UNIVERSITY** VINCENT C. IMMEL LAW LIBRARY TUESDAY SEPTEMBER

10AM - 2PM /// SLU LAW **EILEEN H. SEARLS READING ROOM**

Students, faculty and staff of the law school are invited to attend this half-day event showcasing all of the amazing online research tools available to the SLU LAW community. The event will increase awareness of the products and services the library provides and explain how these tools can drastically improve legal research.



VENDORS INCLUDE:

Bloomberg BNA Gale-Cengage Learning **Lexis Nexis** LLMC-Digital

St. Louis Public Library **Thomson Reuters Westlaw** U.S. Government Information



WHEN TO USE POSTERS:

- 1. There are central GATHERING places for your users.
- 2. You can DESIGN attractive posters.
- 3. You have the ability to PRINT them.





LAW

8LU Law Library (Estulawitorary - Aug 28 #FatCatFriday #photobomb #slulaw



9:13 AM - 28 Aug 2015 - Details

Reply to @sulawilbrary



Niok Stratmann @NickStratmann - Aug 28 Silulawillorary thanks for the flattering angle, haha.



8LU Law Library (Islulawibrary - Aug 28

@NickStratmann That's a pretty studious face - nicely complimented by the cat ear





TWITTER



SLU Law Library @slulawlibrary - Oct 8 #bestjobever Of course!



Erika Cohn @SLULAWLibrarian

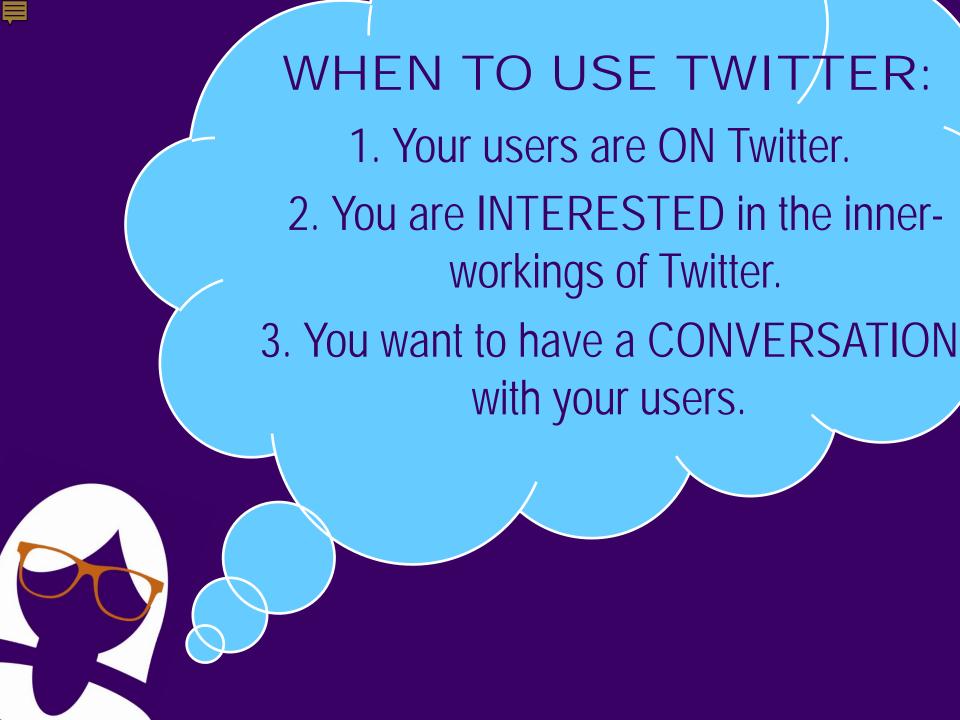
Professor Hartke sharing law librarian career info at the Nontraditional Career Fair #bestjobever @SLULAWCAREERS













MINI MARKETING PLAN (A/K/A OUR THREE APPROACHES) 1. STRATEGIZING 2. PLANNING 3. CREATING

STRATEGIZE









SPACE





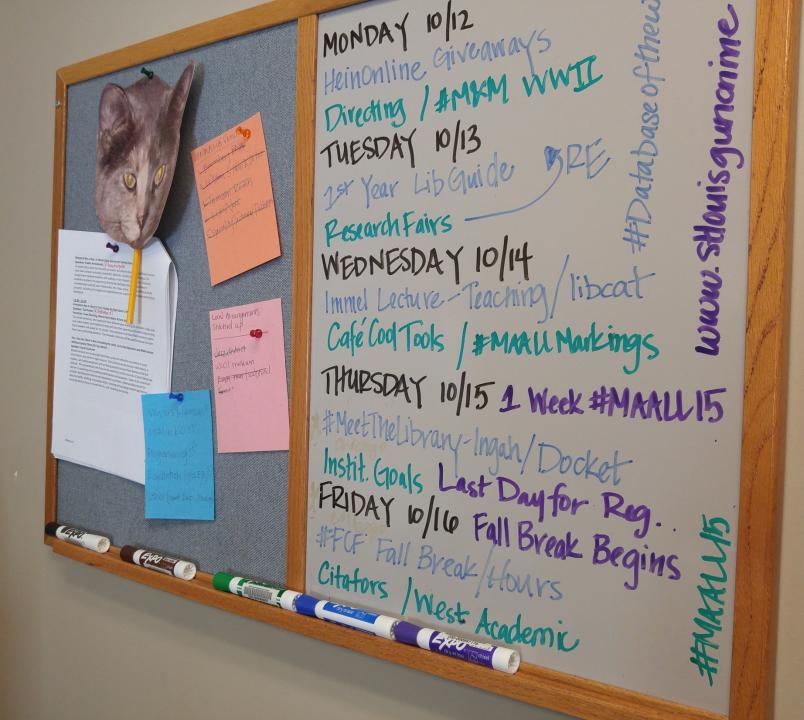


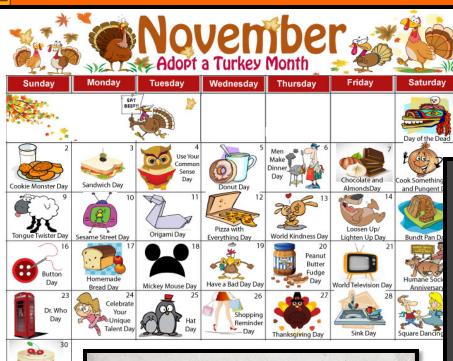






PLAN









LIBRARY RESOURCES

BOOKS
DATABASES
EBOOKS
JOURNALS
LIBGUIDES
STUDY AIDS



```
#fatcatfriday
#marburyandmadison
 #databaseoftheweek
   #maallmarkings
   #interviewseries
#withinwalkingdistance
   #meetthelibrary
 #bannedbooksweek
      #maall15
      #STLSLA
       #slatalk
```



CREATE



professors find answers to legal questions. I also teach Advanced Legal Research.

I practiced law for many years before becoming a reference librarian & that's given me an insight into the kind of materials students might find useful when they take clinical or legal drafting classes.

What are my areas of expertise **D-DAY: JUNE 6, 1944**

_My favorite book

THE BATTLE FOR THE NORMANDY BEACHES BY STEPHEN AMBROSE

Meet vour library

easelly

create and share visual ideas online

how people connected to the internet

These days everyone is connected to the internet through computers. Whether mobile phones, laptops or tablets people are consuming more internet bandwidth globally





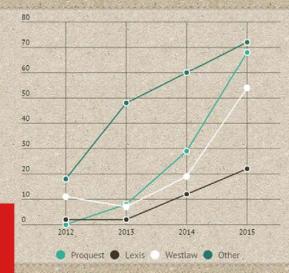




People spend more time each year online browsing the internet for all types of information. facebook Linked in You Tube 55% twitter 26% myspace 10%

EBOOK CHECKOUTS

Canva



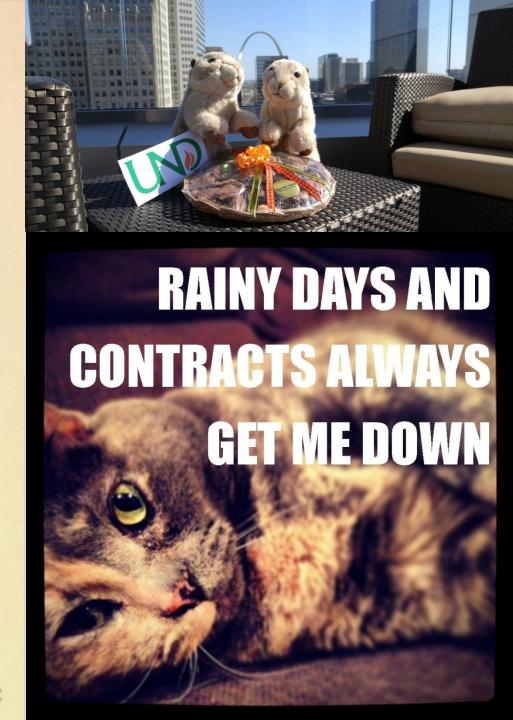
"We must meet the needs of our students, and they want ebooks!"

- Joe Schmoe

infogr.am



SHOR 5WEET AND TO THE PONT.



1. To an abundance, barrel, basketful, boatload, bucket, bunch, bundle, bushel, carload, chunk, deal, dozen, fistful, gobs, good deal, heap, hundred, loads, mass, mess, mountain, much, myriad, oodles, pack, passel, peck, pile, plateful, plenitude, plenty, pot, potful, profusion, quantity, raft, reams, scads, sheaf, shipload, sight, slew, spate, stack, store, ton, truckload, volume, wad, wealth of words

- 2. To too tiny text
- 3. To money, politics, religion, or sex.
- 4. To critical feedback







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